```
WEBVTT
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00:00:02.430 --> 00:00:05.070
<v ->You are listening to the HR Mixtape,</v>
2
00:00:05.070 --> 00:00:08.100
your podcast with the perfect mix of practical advice,
00:00:08.100 --> 00:00:09.930
thought-provoking interviews and stories
00:00:09.930 --> 00:00:11.190
that just hit different
00:00:11.190 --> 00:00:14.073
so that work doesn't have to feel, well like work.
00:00:15.300 --> 00:00:17.613
Now your host, Shari Simpson.
7
00:00:18.990 --> 00:00:21.210
<v ->Joining me today is Kim Nemkovich.</v>
00:00:21.210 --> 00:00:25.050
She's the senior HR business continuity manager at Amazon.
9
00:00:25.050 --> 00:00:27.090
She started life in retail and e-commerce
10
00:00:27.090 --> 00:00:28.950
in HR about 16 years ago
11
00:00:28.950 --> 00:00:31.800
and in the last few years has found her wheelhouse
12
00:00:31.800 --> 00:00:35.220
in building teams and driving work culture improvements.
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13
00:00:35.220 --> 00:00:37.620
She leads with humor, empathy and tears.
14
00:00:37.620 --> 00:00:39.270
Her ultimate goal is being authentic
15
00:00:39.270 --> 00:00:41.583
and genuine to help her team deliver results.
00:00:46.260 --> 00:00:49.320
Kim, thank you so much for jumping on with me today.
17
00:00:49.320 --> 00:00:51.930
<v ->Thank you so much for inviting me, it's a pleasure.</v>
00:00:51.930 --> 00:00:54.900
<v ->So you pride yourself on not being</v>
19
00:00:54.900 --> 00:00:57.150
the run of the mill HR person.
20
00:00:57.150 --> 00:00:58.590
So I thought we could kick things off
21
00:00:58.590 --> 00:01:00.780
by maybe you sharing a memorable incident
22
00:01:00.780 --> 00:01:04.620
or moment where your unique approach to HR really shined.
23
00:01:04.620 --> 00:01:09.240
<v ->Yeah, absolutely, it took me a while to find my HR style.</v>
24
00:01:09.240 --> 00:01:10.073
For a long time,
00:01:10.073 --> 00:01:12.810
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I didn't know if I could actually cut it in HR,
00:01:12.810 --> 00:01:13.980
because my first HR job,
27
00:01:13.980 --> 00:01:17.130
I was very different than my peers and the other folks
28
00:01:17.130 --> 00:01:20.310
that had the same role and so I tried to be more like them.
29
00:01:20.310 --> 00:01:22.500
I felt uncomfortable doing that.
30
00:01:22.500 --> 00:01:25.320
And of course I was then second guessing my own intuition.
31
00:01:25.320 --> 00:01:27.870
And so over time, I really found that
32
00:01:27.870 --> 00:01:30.210
when you find your HR people, so to speak,
33
00:01:30.210 --> 00:01:31.560
the ones that you see yourself in,
34
00:01:31.560 --> 00:01:33.900
it really helps you find your own voice
35
00:01:33.900 --> 00:01:35.700
and be confident in who you are
36
00:01:35.700 --> 00:01:37.680
because there's just so many different types of people
37
00:01:37.680 --> 00:01:41.190
who work in HR and you want to find the ones
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38
00:01:41.190 \longrightarrow 00:01:43.473
that help you find your own voice as well.
39
00:01:44.760 --> 00:01:47.580
So one of the things that I've experienced
40
00:01:47.580 --> 00:01:49.249
and focused on a lot is development
41
00:01:49.249 --> 00:01:52.110
of my team and the teams I work with,
42
00:01:52.110 --> 00:01:53.790
just trying to impart whatever knowledge
43
00:01:53.790 --> 00:01:56.037
or learnings I've gained over the years,
44
00:01:56.037 --> 00:01:58.560
and I was conducting a mock interview with a leader
45
00:01:58.560 --> 00:01:59.850
that was up for promotion,
46
00:01:59.850 --> 00:02:01.800
helping the format of their responses,
47
00:02:01.800 --> 00:02:03.030
digging in from our data and results
48
00:02:03.030 --> 00:02:04.067
and just really trying to test him,
49
00:02:04.067 --> 00:02:07.950
and at the end of the mock, before I could stop myself,
50
00:02:07.950 --> 00:02:10.110
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I told him there was no way in hell
00:02:10.110 --> 00:02:12.626
I would ever promote him, and a little aggressive,
52
00:02:12.626 --> 00:02:15.090
a little little forward for HR
53
00:02:15.090 --> 00:02:17.850
and certainly probably shouldn't have used the H word,
54
00:02:17.850 --> 00:02:19.410
but then I went into telling him all the things
55
00:02:19.410 --> 00:02:20.460
that he did wrong,
56
00:02:20.460 --> 00:02:22.290
and he just kind of sat there in shock
57
00:02:22.290 --> 00:02:23.400
knowing he had done poorly,
58
00:02:23.400 --> 00:02:25.920
but maybe not ready to hear just how poorly
59
00:02:25.920 --> 00:02:27.810
and then I told him all the things I recommended
60
00:02:27.810 --> 00:02:28.950
he should do to prepare,
61
00:02:28.950 --> 00:02:31.230
and that was gonna be an additional 40 hours of work
62
00:02:31.230 --> 00:02:33.570
on top of his current 60 hour work week.
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63
00:02:33.570 --> 00:02:36.180
And so he kind of whimpered out of my office
64
00:02:36.180 --> 00:02:39.540
and looked defeated, and two weeks later,
65
00:02:39.540 --> 00:02:42.360
he shows up and he's got this huge grin on his face,
00:02:42.360 --> 00:02:44.820
and he'd passed the interview loop and got promoted
67
00:02:44.820 --> 00:02:47.250
and he told me that the direct feedback that I gave him
68
00:02:47.250 --> 00:02:48.240
was his catalyst,
69
00:02:48.240 --> 00:02:50.310
like if it hadn't been delivered that way, if I just said,
70
00:02:50.310 --> 00:02:52.290
well you could really do these things,
71
00:02:52.290 --> 00:02:55.860
he wasn't gonna take the same like aggressive approach
72
00:02:55.860 --> 00:02:57.540
to really reformatting everything
73
00:02:57.540 --> 00:02:59.100
and taking a different approach.
74
00:02:59.100 --> 00:03:02.730
So that part is like exciting for me,
00:03:02.730 --> 00:03:05.160
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76
00:03:05.160 --> 00:03:08.370
James is a great manager, he still is to this day.
77
00:03:08.370 --> 00:03:10.710
But what I love most about that is
78
00:03:10.710 --> 00:03:12.990
now I still have people that reach out,
79
00:03:12.990 --> 00:03:14.940
other leaders in the company that say, hey,
80
00:03:14.940 --> 00:03:18.060
I talked to James, I'm going for promotional interviews.
81
00:03:18.060 --> 00:03:21.360
He really recommended that I mock interview with you
82
00:03:21.360 --> 00:03:24.060
based on your feedback you've provided him.
00:03:24.060 --> 00:03:27.180
<v ->What a great testament to how HR</v>
84
00:03:27.180 --> 00:03:30.000
can show up in a really transparent way
85
00:03:30.000 --> 00:03:32.010
and I'm sure that you delivered that message
86
00:03:32.010 --> 00:03:35.310
with compassion, but also very clearly
87
00:03:35.310 --> 00:03:37.533
so that James was prepared to hear it.
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cause I'm glad he got promoted and I wanted to help him.

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88
00:03:38.430 --> 00:03:41.130
I think sometimes we sugarcoat things and people sometimes
89
00:03:41.130 --> 00:03:44.970
just need that really authentic raw information
90
00:03:44.970 --> 00:03:48.750
to be able to hear it in the moment so I love that story.
00:03:48.750 --> 00:03:52.740
How have you taken some of those tactics and used them
92
00:03:52.740 --> 00:03:56.160
for really building your own HR team?
93
00:03:56.160 --> 00:03:58.260
<v ->I think in a lot of ways,</v>
94
00:03:58.260 --> 00:04:01.560
it's that forward openness that gives the team
95
00:04:01.560 --> 00:04:04.680
the opportunity to understand where they're going
96
00:04:04.680 --> 00:04:07.830
and what the right approach can be.
97
00:04:07.830 --> 00:04:11.520
And if I'm not direct with them, it gets wishy-washy,
98
00:04:11.520 --> 00:04:13.500
and I've gotten that feedback before too,
99
00:04:13.500 --> 00:04:16.590
where I'm not really clear on what the deliverable is
100
00:04:16.590 --> 00:04:20.130
```

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and what you want from me, where I'm thinking, oh,
00:04:20.130 --> 00:04:23.610
I'm telling them to think big and make up their own plans
102
00:04:23.610 --> 00:04:25.860
and decisions and so it really...
103
00:04:25.860 --> 00:04:27.540
Without that directness,
104
00:04:27.540 --> 00:04:29.820
it really can be challenging not just to build the team,
105
00:04:29.820 --> 00:04:32.340
but also to give them the right guidance
106
00:04:32.340 --> 00:04:35.610
to help them feel confident in what they're going to do.
107
00:04:35.610 --> 00:04:38.040
<v ->I know that throughout your career and your messaging,</v>
00:04:38.040 --> 00:04:40.590
you have mentioned leading with humor
109
00:04:40.590 --> 00:04:44.040
and empathy and maybe occasionally tears.
110
00:04:44.040 --> 00:04:46.290
I'm curious, how do you see these aspects
111
00:04:46.290 --> 00:04:49.560
shaping the culture and companies that you've worked with?
112
00:04:49.560 --> 00:04:50.580
<v ->0h, I love this question.</v>
```

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113
00:04:50.580 --> 00:04:54.750
So one of my favorite quotes is laughter through tears
114
00:04:54.750 --> 00:04:58.440
is my favorite emotion and Dolly Parton,
115
00:04:58.440 --> 00:05:00.780
that was her character in the movie Still Magnolias
116
00:05:00.780 --> 00:05:03.180
who said that and I definitely funnel her
117
00:05:03.180 --> 00:05:06.870
into my life in many ways, both personally and professional,
118
00:05:06.870 --> 00:05:08.160
but I think
119
00:05:08.160 --> 00:05:10.620
my approach is wearing my emotions on my sleeve.
120
00:05:10.620 --> 00:05:13.080
I share my fears and my excitement in equal measure
121
00:05:13.080 --> 00:05:13.913
with the teams
122
00:05:13.913 --> 00:05:16.320
and I found that by humbling myself in front of others
123
00:05:16.320 --> 00:05:18.060
helps them to feel open too
124
00:05:18.060 --> 00:05:21.420
and these human feelings are what gives the business life,
125
00:05:21.420 --> 00:05:24.690
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that's what helps show why we spend 40
126
00:05:24.690 --> 00:05:27.640
or more hours a week together with these folks by choice
127
00:05:28.719 --> 00:05:31.110
and then how the company's policy is applied
128
00:05:31.110 --> 00:05:33.810
by these humans is what shapes the culture.
129
00:05:33.810 --> 00:05:36.330
So it's not just this policy shapes the culture,
130
00:05:36.330 --> 00:05:37.980
it's how we take it, interpret it,
131
00:05:37.980 --> 00:05:40.710
and apply it in a variety of different ways.
132
00:05:40.710 --> 00:05:45.660
And like I've worked in retail customer facing HR roles,
133
00:05:45.660 --> 00:05:48.570
I've worked in distribution or fulfillment center roles,
134
00:05:48.570 --> 00:05:51.120
and for the last four years, I've been in more virtual
135
00:05:51.120 --> 00:05:53.310
and traveling roles supporting a logistics network
136
00:05:53.310 --> 00:05:58.310
and in each of those, I've experienced happy, sad, angry,
137
00:05:58.440 --> 00:06:01.410
and even scary moments with my coworkers
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138
00:06:01.410 --> 00:06:02.910
and with my directs.
139
00:06:02.910 --> 00:06:04.170
And in many of these situations,
140
00:06:04.170 --> 00:06:05.670
I've needed to be the voice of reason
141
00:06:05.670 --> 00:06:06.870
and take the appropriate action
142
00:06:06.870 --> 00:06:10.080
and if you haven't already shown the team your true self,
143
00:06:10.080 --> 00:06:11.760
they don't trust you in those moments
144
00:06:11.760 --> 00:06:15.030
and that's the thing I try to impart on my leaders
145
00:06:15.030 --> 00:06:17.580
within the organization, like be yourself.
146
00:06:17.580 --> 00:06:21.120
Show who you are and don't feel like you have to separate
147
00:06:21.120 --> 00:06:23.130
your personal and your professional lives.
148
00:06:23.130 --> 00:06:26.523
You are one person and it all applies in those spaces.
149
00:06:27.630 --> 00:06:32.430
<v ->There's so much truth to showing up as your authentic self</v>
150
00:06:32.430 --> 00:06:36.810
```

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and in all the ways that you're messy,
151
00:06:36.810 --> 00:06:40.800
I've shared on the podcast a little bit about my sons.
152
00:06:40.800 --> 00:06:43.650
I am a military mom, I have three kids in the military,
153
00:06:43.650 --> 00:06:47.310
and my youngest just went to bootcamp in June
154
00:06:47.310 --> 00:06:49.757
and that was a hard time for me.
155
00:06:49.757 --> 00:06:51.810
It was the first time I've been an empty nester
156
00:06:51.810 --> 00:06:55.320
and going through not having children at home anymore
157
00:06:55.320 --> 00:06:58.530
and being able to show up at work and say, you know what?
158
00:06:58.530 --> 00:07:00.900
I'm a little soft emotionally this day,
159
00:07:00.900 --> 00:07:04.530
so this is the level you're gonna get out of me today
160
00:07:04.530 --> 00:07:07.560
has been one of the most things I've appreciated
161
00:07:07.560 --> 00:07:08.670
with the work I do
162
00:07:08.670 --> 00:07:10.740
and the supervisors and the teams that I work with,
```

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163
00:07:10.740 --> 00:07:13.410
because I do have that space to show up
164
00:07:13.410 --> 00:07:15.150
as my authentic self.
165
00:07:15.150 --> 00:07:17.370
As you've worked with your HR teams,
166
00:07:17.370 --> 00:07:19.770
I think sometimes we can fall into...
167
00:07:19.770 --> 00:07:23.730
Lots of people can fall into the Monday morning blues
168
00:07:23.730 --> 00:07:27.870
or the Sunday scaries or whatever the catch phrase is
169
00:07:27.870 --> 00:07:31.440
and I always think of office space when she's answering
170
00:07:31.440 --> 00:07:32.820
the phone and like the whole--
171
00:07:32.820 --> 00:07:34.350
<v -> Case of the Mondays. </v>
172
00:07:34.350 --> 00:07:35.460
<v -> Case of the Mondays, </v>
173
00:07:35.460 --> 00:07:38.670
how do you keep your HR team motivated
174
00:07:38.670 --> 00:07:40.170
with some of the tactics you've talked about?
175
00:07:40.170 --> 00:07:43.110
```

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So they go into Mondays with a full cup
176
00:07:43.110 --> 00:07:45.663
and their cup stays full throughout the week.
177
00:07:46.650 --> 00:07:47.610
<v ->It's a challenge,</v>
178
00:07:47.610 --> 00:07:50.250
and it depends on how your team is set up
179
00:07:50.250 --> 00:07:52.830
and how interactive you are.
180
00:07:52.830 --> 00:07:54.780
My team right now, we're all virtual.
181
00:07:54.780 --> 00:07:56.400
So I sit in my office at home,
182
00:07:56.400 --> 00:07:58.170
they sit in their offices at home.
183
00:07:58.170 --> 00:07:59.580
Fortunately we're gonna meet this week
184
00:07:59.580 --> 00:08:01.440
and see each other in person, which is nice,
185
00:08:01.440 --> 00:08:03.780
but it's about staying connected
186
00:08:03.780 --> 00:08:06.210
through each of the different, like, ways
187
00:08:06.210 --> 00:08:08.820
that we run off separately during the week.
```

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188
00:08:08.820 --> 00:08:12.300
So we have a team meeting each Monday and being virtual,
189
00:08:12.300 --> 00:08:13.290
it helps us connect.
190
00:08:13.290 --> 00:08:16.140
We discuss our plans, the challenges that we're facing,
191
00:08:16.140 --> 00:08:17.550
and I like to try to understand like,
192
00:08:17.550 --> 00:08:19.200
what can I either remove from their plate
193
00:08:19.200 --> 00:08:22.290
or change or deprioritize to help them feel like
194
00:08:22.290 --> 00:08:25.260
they have the time and energy
195
00:08:25.260 --> 00:08:27.450
and support to get through that week.
196
00:08:27.450 --> 00:08:29.884
I like to find out about their weekend,
197
00:08:29.884 --> 00:08:32.700
what did their kids' fifth birthday party,
198
00:08:32.700 --> 00:08:34.470
how did it go?
199
00:08:34.470 --> 00:08:35.790
How'd the cake turn out,
200
00:08:35.790 --> 00:08:37.620
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I have one person on my team
201
00:08:37.620 --> 00:08:39.240
who makes these beautiful cakes
202
00:08:39.240 --> 00:08:41.100
and so always asking about those.
203
00:08:41.100 --> 00:08:42.030
Did they go camping?
204
00:08:42.030 --> 00:08:43.203
How was the trip?
205
00:08:44.130 --> 00:08:47.250
I have a Denver Nuggets fan who was very excited
206
00:08:47.250 --> 00:08:49.110
very recently because they won the championship.
207
00:08:49.110 --> 00:08:51.420
So it was kind of asking more and understanding more
208
00:08:51.420 --> 00:08:55.080
about their personal lives and doing it because you care,
209
00:08:55.080 --> 00:08:56.370
I think makes an impact too
210
00:08:56.370 --> 00:09:00.390
and that's one of the challenges that I try to help
211
00:09:00.390 --> 00:09:04.650
our leaders overcome is you don't just ask to get a result.
212
00:09:04.650 --> 00:09:07.590
You ask because you care and if you don't care,
```

```
213
00:09:07.590 --> 00:09:08.433
it's gonna show.
214
00:09:10.110 --> 00:09:11.910
But I try to make sure that we're talking about
215
00:09:11.910 --> 00:09:12.990
both personally and professional.
216
00:09:12.990 --> 00:09:17.220
Kind of hearkens back to the previous question you asked me.
217
00:09:17.220 --> 00:09:18.510
We're the same person.
218
00:09:18.510 --> 00:09:20.310
We're just doing different things in our personal
219
00:09:20.310 --> 00:09:22.860
and professional lives and so I try
220
00:09:22.860 --> 00:09:24.870
to maintain it to that week cause you're right,
221
00:09:24.870 --> 00:09:29.760
it's 40, 50, 60 hours depending on what's going on of
222
00:09:29.760 --> 00:09:31.800
trying to tackle the biggest problems
223
00:09:31.800 --> 00:09:33.000
that we've seen in our careers.
224
00:09:33.000 --> 00:09:34.350
And so on Wednesdays,
225
00:09:34.350 --> 00:09:37.650
```

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I have the team recap their project statuses and outline
226
00:09:37.650 --> 00:09:38.700
their challenges for the rest of the week
227
00:09:38.700 --> 00:09:41.280
so that I can jump in and escalate,
228
00:09:41.280 --> 00:09:44.883
get our leadership involved more to solve more problems.
229
00:09:45.900 --> 00:09:46.733
And at the same time,
230
00:09:46.733 --> 00:09:49.350
we've built out some mechanisms for engagement that help us
231
00:09:49.350 --> 00:09:51.060
to connect and learn about each other.
232
00:09:51.060 --> 00:09:52.140
So if we don't have the mechanism,
233
00:09:52.140 --> 00:09:53.790
it's just gonna fall by the wayside
234
00:09:53.790 --> 00:09:55.560
because it's not in our top goals or priorities
235
00:09:55.560 --> 00:09:57.213
for the company or for our team.
236
00:09:58.140 --> 00:09:59.550
So like, we'll try things...
237
00:09:59.550 --> 00:10:02.100
Last week, we had World Music Day,
```

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238
00:10:02.100 --> 00:10:05.190
everyone shared their favorite songs and why they loved it
239
00:10:05.190 --> 00:10:07.890
in our Slack channel and we made it into a playlist
240
00:10:07.890 --> 00:10:09.270
and now we all have it to enjoy
241
00:10:09.270 --> 00:10:10.620
and listen to everybody's songs
242
00:10:10.620 --> 00:10:12.480
and kind of get to know each other
243
00:10:12.480 --> 00:10:15.300
and understand what people do to decompress
244
00:10:15.300 --> 00:10:18.273
or why they love a song or things like that.
245
00:10:19.500 --> 00:10:20.460
And I think one of the things
246
00:10:20.460 --> 00:10:22.590
that's had the most longstanding impact,
247
00:10:22.590 --> 00:10:23.640
about four years ago,
248
00:10:23.640 --> 00:10:26.400
I started something with one of my previous teams
249
00:10:26.400 --> 00:10:28.350
and it was called a Thankful Thursday call.
250
00:10:28.350 --> 00:10:31.650
```

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And we would each jump on, it was at the end of the day
251
00:10:31.650 --> 00:10:33.090
and we would say one thing
252
00:10:33.090 --> 00:10:35.190
that we are professionally thankful for
253
00:10:35.190 --> 00:10:37.410
and one that we're personally thankful for
254
00:10:37.410 --> 00:10:40.110
and it was just such a great way to wrap up our Thursday
255
00:10:40.110 --> 00:10:43.020
and be ready to just finalize the week on Friday
256
00:10:43.020 --> 00:10:45.690
and go in with a positive attitude.
257
00:10:45.690 --> 00:10:50.370
<v ->How have you supported your employees when they're empty?</v>
00:10:50.370 --> 00:10:54.600
And a lot of times in HR, we can reach that
259
00:10:54.600 --> 00:10:58.860
where we've given so much, we have empathy burnout,
260
00:10:58.860 --> 00:11:01.020
we have compassion fatigue,
261
00:11:01.020 --> 00:11:04.470
and we still are giving high discretionary effort.
262
00:11:04.470 --> 00:11:08.640
And so we walk into our HR leader's office and safe space,
```

```
263
00:11:08.640 --> 00:11:12.300
and so you kind of lose yourself for a moment.
264
00:11:12.300 --> 00:11:15.270
How do you help people engage when they're in that moment
265
00:11:15.270 --> 00:11:19.590
because HR can be a very taxing role to be in.
266
00:11:19.590 --> 00:11:23.220
<v ->Oh absolutely, I can't count the number of times</v>
267
00:11:23.220 --> 00:11:26.850
that someone's cried in my office and I cry with them.
268
00:11:26.850 --> 00:11:28.080
And I don't know if that's helping,
269
00:11:28.080 --> 00:11:30.540
but it certainly connects us.
270
00:11:30.540 --> 00:11:32.280
I feel their pain when they come in,
271
00:11:32.280 --> 00:11:36.180
and I think a lot of HR professionals have that same impact
272
00:11:36.180 --> 00:11:39.810
of you sit there and you live in that moment with them.
273
00:11:39.810 --> 00:11:43.101
And then it's really kind of up to me to find out
274
00:11:43.101 --> 00:11:45.873
what can help them through it.
275
00:11:47.100 --> 00:11:48.570
```

```
First is listening.
276
00:11:48.570 --> 00:11:52.170
I think so often, we're problem solvers,
277
00:11:52.170 --> 00:11:53.730
we wanna make everything better.
278
00:11:53.730 --> 00:11:56.190
I'm always like constantly like, what do you need?
279
00:11:56.190 --> 00:11:57.120
What can I do, how can I do it?
280
00:11:57.120 --> 00:11:59.700
And I'm like, when do I ask that for myself?
281
00:11:59.700 --> 00:12:01.260
And so I try to flip it and say, okay,
282
00:12:01.260 --> 00:12:03.360
let me hear what they're saying.
283
00:12:03.360 --> 00:12:05.370
Let me see if there are things
284
00:12:05.370 --> 00:12:07.860
that are pressing in their statements
285
00:12:07.860 --> 00:12:11.220
that could be impacted by something I do.
286
00:12:11.220 --> 00:12:12.450
Can I give them an extra day off?
287
00:12:12.450 --> 00:12:14.220
Do they need to finish out the day?
```

```
288
00:12:14.220 --> 00:12:16.530
Do I need to send them a little care package?
289
00:12:16.530 --> 00:12:19.290
I had a girl, bless her heart,
290
00:12:19.290 --> 00:12:21.420
she lost two weeks worth of work
291
00:12:21.420 --> 00:12:23.410
because her computer crashed
292
00:12:24.420 --> 00:12:26.970
and we were launching the training
293
00:12:26.970 --> 00:12:28.560
that she had created the following week.
294
00:12:28.560 --> 00:12:29.970
Mini heart attack,
295
00:12:29.970 --> 00:12:32.580
I think back to college and all the papers that I lost
296
00:12:32.580 --> 00:12:34.890
because I fell asleep cause I stayed up way too late
297
00:12:34.890 --> 00:12:35.723
trying to write them,
298
00:12:35.723 --> 00:12:38.910
but in her instance, like she had no...
299
00:12:38.910 --> 00:12:42.240
There was nothing that could be done except we needed time
300
00:12:42.240 --> 00:12:44.730
```

```
and we needed space to get it done.
301
00:12:44.730 --> 00:12:47.790
And we expanded or not expanded,
302
00:12:47.790 --> 00:12:51.240
extended out the time so that we could get her
303
00:12:51.240 --> 00:12:53.730
that extra time to pull it back together.
304
00:12:53.730 --> 00:12:55.140
I sent her a little care package,
305
00:12:55.140 --> 00:12:56.700
it was something simple.
306
00:12:56.700 --> 00:12:59.280
She lives 1,000 miles away,
307
00:12:59.280 --> 00:13:03.030
but that's the joy of things like DoorDash and GrubHub
308
00:13:03.030 --> 00:13:05.640
and all of those where you can...
309
00:13:05.640 --> 00:13:06.510
If you have somebody's address,
310
00:13:06.510 --> 00:13:08.730
you can send them a little package, a little treat.
311
00:13:08.730 --> 00:13:10.800
And so sent her some caffeinated drinks,
312
00:13:10.800 --> 00:13:13.560
sent her some desserts, sent her a card.
```

```
313
00:13:13.560 --> 00:13:15.600
Trying to help her see that
314
00:13:15.600 --> 00:13:17.430
I've got her back and whatever she needs, I'll do it
315
00:13:17.430 --> 00:13:20.520
and while there was nothing we could determine on that call
316
00:13:20.520 --> 00:13:21.930
that I could fix,
317
00:13:21.930 --> 00:13:25.290
here's something to show like, you're doing a great job,
318
00:13:25.290 --> 00:13:26.700
you're gonna get through this
319
00:13:26.700 --> 00:13:28.500
and wherever I can help, let me know
320
00:13:28.500 --> 00:13:32.100
and I think it's those moments of listening,
321
00:13:32.100 --> 00:13:33.963
asking the question of what can I do?
322
00:13:34.860 --> 00:13:38.670
Also knowing that a lot of times people won't say, oh,
323
00:13:38.670 --> 00:13:39.960
here's what I need or here's...
324
00:13:39.960 --> 00:13:42.603
Cause they're in it, they're stuck.
325
00:13:44.040 --> 00:13:45.720
```

```
And so taking what they've told you
326
00:13:45.720 --> 00:13:48.630
and trying to find ways to solve their problem
327
00:13:48.630 --> 00:13:50.730
when they're just too deep in it.
328
00:13:50.730 --> 00:13:54.150
<v ->Yeah, there's so many times you can be just so deep.</v>
329
00:13:54.150 --> 00:13:55.530
And as you were sharing that,
330
00:13:55.530 --> 00:13:58.800
that story about her losing all of her stuff,
331
00:13:58.800 --> 00:14:00.900
I felt that in my soul,
332
00:14:00.900 --> 00:14:02.910
cause I have been there where you've been working
333
00:14:02.910 --> 00:14:06.540
so passionately on something and the second time around
334
00:14:06.540 --> 00:14:07.980
just isn't as good, let's be honest.
335
00:14:07.980 --> 00:14:11.160
Like you kind of gave 100% the first time around.
336
00:14:11.160 --> 00:14:12.270
And not that it's gonna be bad,
337
00:14:12.270 --> 00:14:14.760
but it's like when you take a test
```

```
338
00:14:14.760 --> 00:14:16.680
and they tell you not to go back and change your answer
339
00:14:16.680 --> 00:14:20.272
cause your first answer's probably the correct one.
340
00:14:20.272 --> 00:14:24.330
You've shared a lot about your journey
341
00:14:24.330 --> 00:14:25.830
and about your approach to building
342
00:14:25.830 --> 00:14:29.310
your HR team, but you kinda fell into HR,
343
00:14:29.310 --> 00:14:32.130
which a lot of us have who are in the HR space.
344
00:14:32.130 --> 00:14:35.940
I'd love to hear your story and how you got into HR.
345
00:14:35.940 --> 00:14:37.500
<v ->Yeah, it's interesting</v>
346
00:14:37.500 --> 00:14:41.850
because when I was in high school, college,
347
00:14:41.850 --> 00:14:43.110
you're going through that career search
348
00:14:43.110 --> 00:14:45.780
of what do I wanna do, what do I wanna be when I grow up,
349
00:14:45.780 --> 00:14:47.430
I didn't know that HR existed.
350
00:14:47.430 --> 00:14:50.880
```

```
I literally didn't know what human resources meant.
351
00:14:50.880 --> 00:14:53.218
I knew companies had them, but I was never...
352
00:14:53.218 --> 00:14:56.840
It just sounded, hmm, I don't know, okay.
353
00:14:57.683 --> 00:14:59.130
So when I went to school,
354
00:14:59.130 --> 00:15:01.440
I went to school for graphic design.
355
00:15:01.440 --> 00:15:03.450
I planned to move to the big city after that
356
00:15:03.450 --> 00:15:07.440
and get a job in graphic design after college.
357
00:15:07.440 --> 00:15:09.390
I went to Youngtown State University,
358
00:15:09.390 --> 00:15:11.610
which is a smaller state school
359
00:15:11.610 --> 00:15:12.840
in between Cleveland and Pittsburgh.
360
00:15:12.840 --> 00:15:14.190
So I figured I'd land in one of those two.
361
00:15:14.190 --> 00:15:18.330
I ended up landing in Pittsburgh and after I moved there,
362
00:15:18.330 --> 00:15:21.090
I actually ended up doing an internship in San Francisco
```

```
363
00:15:21.090 --> 00:15:22.410
with a graphic design firm
364
00:15:22.410 --> 00:15:25.590
and I found that I really didn't like creating designs
365
00:15:25.590 --> 00:15:26.970
for other people.
366
00:15:26.970 --> 00:15:28.503
That control freak in me,
367
00:15:29.430 --> 00:15:33.540
learned that other people in my opinion had horrible taste
368
00:15:33.540 --> 00:15:35.160
and I could not stand
369
00:15:35.160 --> 00:15:37.080
that they were ignoring my professional advice.
370
00:15:37.080 --> 00:15:39.030
Like I went to school for this,
371
00:15:39.030 --> 00:15:41.190
I know what I'm talking about.
372
00:15:41.190 --> 00:15:43.923
That young confidence, that bravado that you have.
373
00:15:44.820 --> 00:15:46.650
So when I moved to Pittsburgh
374
00:15:46.650 --> 00:15:50.670
and was completing that internship and I was like, oh man,
375
00:15:50.670 --> 00:15:54.090
```

```
I don't know, now I've gotta search for a different career.
376
00:15:54.090 --> 00:15:56.220
I started working for a big box retailer
377
00:15:56.220 --> 00:15:58.980
and I was overseeing a couple different departments
378
00:15:58.980 --> 00:16:01.950
while I was searching for what am I gonna land in?
379
00:16:01.950 --> 00:16:04.230
My supervisor there actually identified that
380
00:16:04.230 --> 00:16:05.063
maybe I'd be a good fit
381
00:16:05.063 --> 00:16:06.540
for their executive leadership program
382
00:16:06.540 --> 00:16:09.303
and I was like, leadership, what's that?
383
00:16:10.800 --> 00:16:12.930
And so I started taking some of the classes that they have
384
00:16:12.930 --> 00:16:14.520
and eventually I actually interviewed
385
00:16:14.520 --> 00:16:16.050
for their salaried leadership roles
386
00:16:16.050 --> 00:16:19.110
and was fortunate enough to get that.
387
00:16:19.110 --> 00:16:20.610
And then they asked the question of, well,
```

```
388
00:16:20.610 --> 00:16:22.140
which role do you feel is best for you
389
00:16:22.140 --> 00:16:24.540
and they've got all the I'm in retail
390
00:16:24.540 --> 00:16:27.600
so it's sales floor, logistics,
391
00:16:27.600 --> 00:16:30.600
guest experience or customer experience roles.
392
00:16:30.600 --> 00:16:31.920
Anybody who worked where I worked
393
00:16:31.920 --> 00:16:33.810
will now know exactly which company I'm talking about
394
00:16:33.810 --> 00:16:36.603
cause I said guest experience, just spoiler alert.
395
00:16:37.440 --> 00:16:39.360
But after working there for a while,
396
00:16:39.360 --> 00:16:42.120
I was like, I saw that HR was the role
397
00:16:42.120 --> 00:16:45.180
that got to drive engagement and fun
398
00:16:45.180 --> 00:16:47.910
and they were always talking to the team
399
00:16:47.910 --> 00:16:50.760
and getting to share positive messages
400
00:16:50.760 --> 00:16:53.610
```

```
and it's different everywhere, but it was like,
401
00:16:53.610 --> 00:16:56.010
I wanna have that experience where I can focus
402
00:16:56.010 --> 00:16:58.260
more on people than on a process.
403
00:16:58.260 --> 00:17:00.600
I didn't wanna set planograms
404
00:17:00.600 --> 00:17:04.830
and run a register or that sort of thing.
405
00:17:04.830 --> 00:17:06.780
And so between that
406
00:17:06.780 --> 00:17:08.370
and seeing that they got to be on conference calls,
407
00:17:08.370 --> 00:17:10.470
which I thought was so cool,
408
00:17:10.470 --> 00:17:13.173
little did I know how uncool they are,
409
00:17:14.100 --> 00:17:16.410
but as I went through that process, I was like,
410
00:17:16.410 --> 00:17:17.610
I think I wanna do HR
411
00:17:17.610 --> 00:17:21.510
and either fortunately or unfortunately enough,
412
00:17:21.510 --> 00:17:22.343
they put me in it.
```

```
413
00:17:22.343 --> 00:17:24.210
They're like, okay, we're gonna let you do this.
414
00:17:24.210 --> 00:17:26.400
Like you've never had a leadership role before.
415
00:17:26.400 --> 00:17:27.810
Put me in HR, which I don't know,
416
00:17:27.810 --> 00:17:29.370
I don't know that I trust their judgment on that,
417
00:17:29.370 --> 00:17:30.620
but thankfully it worked.
418
00:17:31.601 --> 00:17:32.850
And the rest is history.
419
00:17:32.850 --> 00:17:35.070
Since then, I've had probably...
420
00:17:35.070 --> 00:17:36.690
I should have probably done the math,
421
00:17:36.690 --> 00:17:40.320
seven or eight different roles in a variety
422
00:17:40.320 --> 00:17:41.910
of two different companies really
423
00:17:41.910 --> 00:17:43.770
that I've worked in HR for.
424
00:17:43.770 --> 00:17:48.333
Both large companies and both very different styles.
425
00:17:49.260 --> 00:17:53.520
```

```
And I think I would've never found this
426
00:17:53.520 --> 00:17:57.000
on the path I was on so I'm really appreciative
427
00:17:57.000 --> 00:18:00.540
that I tanked that internship.
428
00:18:00.540 --> 00:18:02.640
Like it's a really good thing that graphic design
429
00:18:02.640 --> 00:18:05.400
was not my ending career
430
00:18:05.400 --> 00:18:07.200
because I think it would've been much shorter
431
00:18:07.200 --> 00:18:11.073
and I'm a better person for working in human resources.
432
00:18:12.180 --> 00:18:14.520
<v -> If we could take anything away from that story, </v>
433
00:18:14.520 --> 00:18:16.440
it's conference calls are not cool.
434
00:18:16.440 --> 00:18:20.820
I absolutely love that you had that mentality going into it
435
00:18:20.820 --> 00:18:24.930
because that warms my heart, cause I completely agree.
436
00:18:24.930 --> 00:18:27.090
You shared throughout our conversation
437
00:18:27.090 --> 00:18:28.800
some really cool tactical things
```

```
438
00:18:28.800 --> 00:18:32.430
that I just wanted to highlight around supporting your team,
439
00:18:32.430 --> 00:18:34.860
send them a little something, a treat.
440
00:18:34.860 --> 00:18:37.860
It doesn't have to be this big grandiose gesture,
441
00:18:37.860 --> 00:18:40.200
it can just be like, hey, I'm thinking about you.
442
00:18:40.200 --> 00:18:42.540
I wrote down Thankful Thursdays, love that.
443
00:18:42.540 --> 00:18:45.000
I'm sure our listeners can totally steal that.
444
00:18:45.000 --> 00:18:47.640
And then the last one, the teen playlist,
445
00:18:47.640 --> 00:18:49.590
think that is a genius idea
446
00:18:49.590 --> 00:18:52.380
because there's always go-to songs for hey,
447
00:18:52.380 --> 00:18:55.320
my workout go-to song, my chill in my office song,
448
00:18:55.320 --> 00:18:58.680
my fold my laundry song, all that stuff.
449
00:18:58.680 --> 00:19:01.230
Being that we're on the HR mixtape
450
00:19:01.230 --> 00:19:04.440
```

```
and you think about your own kind of journey,
451
00:19:04.440 --> 00:19:07.050
what would you say is like your opening track
452
00:19:07.050 --> 00:19:08.550
or your triumphant closer,
453
00:19:08.550 --> 00:19:10.800
like some of the things that you think of
454
00:19:10.800 --> 00:19:13.230
as those pillars for your HR journey?
455
00:19:13.230 --> 00:19:15.150
<v ->Yeah, when I think about that,</v>
456
00:19:15.150 --> 00:19:18.570
this is a tough one because you think about 15 years
457
00:19:18.570 --> 00:19:20.730
and how do you boil it down to those three
458
00:19:20.730 --> 00:19:22.980
kind of sections of your life
459
00:19:22.980 --> 00:19:27.183
and I think the first part was so much growth,
460
00:19:27.183 --> 00:19:29.790
and learning and understanding what leadership is,
461
00:19:29.790 --> 00:19:32.700
and then human resources itself,
462
00:19:32.700 --> 00:19:35.280
I think that first part was trying to be successful
```

```
463
00:19:35.280 --> 00:19:38.640
by doing everything on my own.
464
00:19:38.640 --> 00:19:41.970
I spent years thinking that I had to do all the work,
465
00:19:41.970 --> 00:19:45.090
and I finally learned that when I hit a wall,
466
00:19:45.090 --> 00:19:48.330
that I had to teach my team to take on new things,
467
00:19:48.330 --> 00:19:51.000
allow myself to step up into larger spaces
468
00:19:51.000 --> 00:19:52.380
and take on new challenges as well
469
00:19:52.380 --> 00:19:54.040
because if I was gonna try to
470
00:19:54.900 --> 00:19:58.203
run the world like Beyonce, who runs the world,
471
00:19:59.220 --> 00:20:01.500
I thought I was going to run it all by myself, but no,
472
00:20:01.500 --> 00:20:05.790
it's all of us if you use our resources appropriately
473
00:20:05.790 --> 00:20:06.720
and it took a...
474
00:20:06.720 --> 00:20:08.280
I mean, I wanna say it was like a four
475
00:20:08.280 --> 00:20:11.920
```

```
to five year timeframe of me getting real close to burnout
476
00:20:13.260 --> 00:20:15.540
because I just tried to do everything on my own.
477
00:20:15.540 --> 00:20:18.000
I think as I was learning
478
00:20:18.000 --> 00:20:20.100
that I couldn't do everything by myself,
479
00:20:20.100 --> 00:20:23.610
I also then learned that my team's successes
480
00:20:23.610 --> 00:20:25.623
lead to my own successes as well.
481
00:20:26.820 --> 00:20:30.630
As a leader, you typically have far more tasks, or sorry,
482
00:20:30.630 --> 00:20:34.170
not far more, far fewer tasks that you accomplish.
483
00:20:34.170 --> 00:20:37.830
Like, I'm not ticking off a list of create this or do that.
484
00:20:37.830 --> 00:20:40.170
It's more check in with this person,
485
00:20:40.170 --> 00:20:42.690
read up on that, follow up on this document.
486
00:20:42.690 --> 00:20:45.840
It's never the same...
487
00:20:45.840 --> 00:20:47.700
Personally, I get like nice dopamine hits
```

```
488
00:20:47.700 --> 00:20:51.120
when you check something off the list and it's less of that
489
00:20:51.120 --> 00:20:52.020
in a leadership role.
490
00:20:52.020 --> 00:20:54.240
It's the follow up, it's support,
491
00:20:54.240 --> 00:20:56.970
it's removing barriers and adjusting your mindset
492
00:20:56.970 --> 00:20:59.040
to supporting others
493
00:20:59.040 --> 00:21:00.540
completing their work as a game changer
494
00:21:00.540 --> 00:21:01.373
and that's, I think,
495
00:21:01.373 --> 00:21:03.660
where I really felt my ability
496
00:21:03.660 --> 00:21:06.333
as a leader expand a lot more.
497
00:21:07.830 --> 00:21:12.150
I feel immense pride for the accomplishments of my teams.
498
00:21:12.150 --> 00:21:14.640
They're remarkable individuals that came together
499
00:21:14.640 --> 00:21:15.900
and they made so much impact
500
00:21:15.900 --> 00:21:19.800
```

```
and without me learning that they needed to be successful
501
00:21:19.800 --> 00:21:23.190
and that I was the barrier buster for them,
502
00:21:23.190 --> 00:21:24.450
they wouldn't have had the right support
503
00:21:24.450 --> 00:21:26.050
to achieve as much as they have.
504
00:21:27.706 --> 00:21:29.456
And then I think the closing track,
505
00:21:31.170 --> 00:21:34.113
it's about embracing failure as a teaching tool.
506
00:21:35.340 --> 00:21:38.250
None of us want to fail, it hurts.
507
00:21:38.250 --> 00:21:40.860
I know I get disappointed in myself, I'm my worst critic.
508
00:21:40.860 --> 00:21:45.150
I think a lot of times we feel like we've let others down,
509
00:21:45.150 --> 00:21:48.660
we get nervous about our own ability to accomplish things.
510
00:21:48.660 --> 00:21:50.280
And so I take time after each project,
511
00:21:50.280 --> 00:21:52.380
whether it's a good project that had great results
512
00:21:52.380 --> 00:21:54.990
or one that had some opportunities
```

```
513
00:21:54.990 --> 00:21:56.840
that we're gonna need to work through
514
00:21:57.810 --> 00:21:58.860
to meet with the owners
515
00:21:58.860 --> 00:22:00.480
and talk about what did go well
516
00:22:00.480 --> 00:22:03.690
because even in bad projects or ones with bad results,
517
00:22:03.690 --> 00:22:05.990
there's still good things that come from that.
518
00:22:07.290 --> 00:22:08.370
What could have gone better
519
00:22:08.370 --> 00:22:10.290
and how they're gonna apply,
520
00:22:10.290 --> 00:22:12.120
what they learned on future projects.
521
00:22:12.120 --> 00:22:15.693
It's simple follow up and check and correct,
522
00:22:17.130 --> 00:22:21.180
but I think I focus on talking about the tough stuff
523
00:22:21.180 --> 00:22:23.040
and then moving on.
524
00:22:23.040 --> 00:22:24.690
Don't belabor it.
525
00:22:24.690 --> 00:22:26.070
```

```
Get past it.
526
00:22:26.070 --> 00:22:28.140
Find ways to make it successful.
527
00:22:28.140 --> 00:22:30.840
Like, I know they say failing up is a bad thing,
528
00:22:30.840 --> 00:22:32.460
meaning you're not that great
529
00:22:32.460 --> 00:22:34.954
and somehow you keep failing up the ladder.
530
00:22:34.954 --> 00:22:38.040
I think if this is kind of failing forward,
531
00:22:38.040 --> 00:22:39.750
so that doesn't have the negative connotation,
532
00:22:39.750 --> 00:22:41.370
using what we mess up
533
00:22:41.370 --> 00:22:44.460
to help us take the right steps down the path.
534
00:22:44.460 --> 00:22:47.970
<v ->I love that, what a great outline for a future in HR.</v>
535
00:22:47.970 --> 00:22:49.680
Start with growth,
536
00:22:49.680 --> 00:22:52.620
learn about developing your team and successes,
537
00:22:52.620 --> 00:22:55.920
and then leverage failure for continued growth
```

```
538
00:22:55.920 --> 00:22:57.840
as you continue your career.
539
00:22:57.840 --> 00:22:59.850
Love those, Kim, what a great discussion.
540
00:22:59.850 --> 00:23:02.820
Thanks for taking a few minutes of your day to chat with me.
541
00:23:02.820 --> 00:23:04.410
<v ->Thank you so much for having me, Shari.</v>
542
00:23:04.410 --> 00:23:05.553
It's been so fun.
543
00:23:08.310 --> 00:23:10.560
<v ->I hope you enjoyed today's episode.</v>
544
00:23:10.560 --> 00:23:15.000
You can find show notes and links at the HRmixtape.com.
545
00:23:15.000 --> 00:23:18.543
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